



JANUARY | 2024

LYNCHBURG-CLAY HIGH SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1	2	3	4	5
NO SCHOOL CHRISTMAS BREAK January 1-3			Chocolate Croissant BBQ Rib Sandwich Green Beans Assorted Fruit/Juice Choice of Milk	Benefit Bar Pizza Baked French Fries Corn Assorted Fruit/Applesauce Choice of Milk
8	9	10	11	12
Pancakes Chili or Vegetable Soup Grilled Cheese Sandwich Toss Salad Assorted Fruit/Peaches Choice of Milk	Strawberry Pull Apart Cheeseburger Baked French Fries Salad Bar Assorted Fruit/Juice Choice of Milk	Biscuit and Gravy Chicken Fila Sandwich Veggie Bar w/Hummus Baked Beans Rice Krispie Treat Assorted Fruit/Fruit Cup Choice of Milk	Egg and Cheese Croissant Calzone w/Marinara Toss Salad Bread Stick Assorted Fruit/Juice Choice of Milk	Funnel Cake Deep Dish Pizza Baked Chips Green Beans Assorted Fruit/Applesauce Choice of Milk
15	16	17	18	19
NO SCHOOL	Chocolate Donut Hot Dog/Chili Dog Steamed Peas Cookie Assorted Fruit/Juice Choice of Milk	Biscuit and Gravy Baked Chicken Leg Mashed Potatoes w/Gravy Dinner Roll w/Margarine Baked Apples Assorted Fruit/Fruit Cup Choice of Milk	Fresh Baked Cinnamon Roll Bosco Sticks w/Marinara Toss Salad Rice Krispie Treat Assorted Fruit/Juice Choice of Milk	Sausage Pancake Wrap Big Daddy's Pizza Baked Chips Broccoli and Cheese Assorted Fruit/Applesauce Choice of Milk
22	23	24	25	26
Waffle Quesadilla w/Sour Cream and Salsa Toss Salad Assorted Fruit/Peaches Choice of Milk	Sausage Biscuit Boneless Chicken Wings Mini Cornbread Steamed Corn Assorted Fruit/Juice Choice of Milk	Biscuit and Gravy Taco Salad Breadstick Veggie Bar Fiesta Beans Assorted Fruit/Fruit Cup Choice of Milk	Egg and Cheese Croissant Cheeseburger Baked Beans Baked French Fries Assorted Fruit/Juice Choice of Milk	Pancakes Pizza Green Beans Baked Chips Cookie Assorted Fruit/Applesauce Choice of Milk
29	30	31	1	2
Benefit Bar Calzone w/marinara Toss Salad Breadstick Assorted Fruit/Peaches Choice of Milk	Fresh Baked Cinnamon Roll Country Chicken Bowl Mashed Potatoes and Gravy Dinner Roll w/margarine Corn Assorted Fruit/Juice Choice of Milk	Biscuit and Gravy Cincy Chili Spaghetti Breadstick Toss Salad Choice of Fruit/Fruit Cup Choice of Milk	<p>Meal Prices 2023-2024</p> <p>Breakfast \$1.45</p> <p>Lunch \$3.10</p> <p>Free/Reduced \$0.00</p>	

We offer fat free 1% flavored milk with a choice of chocolate or white and whole grain bread products.

For Breakfast we also offer cereal, yogurt, pop tarts, donuts and other breakfast items daily depending on availability. Students have a choice of milk or latte with their breakfast, they can always purchase both.

A la Carte

We offer a variety of a la carte items in our cafeteria daily

Parents can put a limit on how much ala carte money their child spends. You must call into the school and talk to the cafeteria to place a limit

